

Baby Proofing Checklist

1

How to safeguard every room

Bathroom

- Be aware of hot hair tools
- Don't exceed a 2-3 inch water level
- Install anti-scald device in bathtub
- Lock medicine cabinets
- Lock your toilet
- Use non-slip bath mats

Bedroom and Nursery

- Assemble a safe crib
- Install a safety strap on your changing table
- Position furniture away from where baby will be
- Set up your crib far from a window or in proximity to curtain cords
- Use a baby monitor

Kitchen

- Cover garbage disposal with a child-proof switch
- Don't use tablecloths
- Keep anything toxic out of reach
- Remove delicate and sharp items
- Secure drawers with locks

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How to safeguard every room

Kitchen cont.

- Secure garbage so it can't spill
- Turn pot handles inward while cooking
- Use anti-slip underlays for rugs
- Use oven knob covers

Living Room

- Block off stairs with a baby gate
- Block radiators to prevent burns
- Block the fireplace with a baby gate
- Conceal electrical cords
- Cover outlets
- Install corner bumpers
- Keep plants out of reach
- Secure furniture to wall
- Tie up window cords
- Use one-piece door stops

Garage

- Confirm that your garage door sensor works
- Reduce water heater setting to 117°F
- Stow away hazardous substances

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How to safeguard every room

Backyard

- Block grilling area
- Confirm that everything growing in your garden is safe for babies
- Create a soft landing in your yard
- Install a fence around pool
- Secure banister on balconies